PROFESSIONAL INFORMATION
MAXIVIT CHEWIES

SCHEDULING STATUS
SO

PROPRIETARY NAME AND DOSAGE FORM
MAXIVIT CHEWIES CHEW TABLETS

COMPOSITION
Each tablet contains

Biotin	**0.05 mg**	**50%**
Folic Acid	**0.1 mg**	**50%**
Selenium(Chelated)	**20 µg**	
Vitamin A	**1666 IU**	**50%**
Vit B1 (Thiamine Nitrate)	**0.7 mg**	**50%**
Vit B2 (Riboflavin)	**0.8 mg**	**50%**
Vit B3 (Nicotinamide)	**9 mg**	**50%**
Vit B5 (Pantothenic acid)	**3 mg**	**50%**
Vit B6 (Pyridoxine HCl)	**1 mg**	**50%**
Vit B12 (Cyanocobalamin)	**0.5 µg**	**50%**
Vit C (Ascorbic acid)	**30 mg**	**50%**
Vit D3	**100 IU**	**50%**

Excipients: sweetened with Xylitol and Sucralose.
Contains NO Aspartame or Saccharin.

PHARMACOLOGICAL CLASSIFICATION
D. 32.2 other Western Herbal.

PHARMACOLOGICAL ACTION
Vitamin supplement.

INDICATIONS
MAXIVIT CHEWIES is used as a health supplement to promote health and general well-being, especially in children.

CONTRAINDICATIONS
MAXIVIT CHEWIES tablets are contraindicated in:
Patients with known hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS
Consult a doctor before taking this product if you are on any other Vitamin A medication. Consult a doctor if you are on anticoagulants.
Effects on ability to drive vehicles and use machinery:
None known.

INTERACTIONS
Vitamin A may interfere with warfarin, reducing the anticoagulant effect.

PREGNANCY AND LACTATION
Speak to your doctor if you are pregnant or breastfeeding or plan to become pregnant soon. Taking too much vitamin A can be harmful to the baby. Safety and/or efficacy has not been established.

DOSAGE AND DIRECTIONS FOR USE
Children aged 2-5 years: 1 Chewies daily
Children aged 5 years and older: 1-2 Chewies each day
Adults: 2 Chewies daily.

SIDE EFFECTS
Not known. Should your general health worsen while taking this medicine, please consult your doctor or pharmacist for professional advice.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
Treatment should be symptomatic and supportive.

I**DENTIFICATION:** Round, green chew tablets with a sour-apple flavour.

PRESENTATION
MAXIVIT CHEWIES are available in packs of 30 tablets.

STORAGE INSTRUCTIONS
Store below 25°C.
Protect from direct sunlight.
Keep in original packaging until required for use.
Do not use after the expiry date printed on the bottle.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER
Will be allocated by Council upon registration.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
Keynote Health (Pty) Ltd
Unit 2
Penny Lane Park
64 Ebonyfield Ave
Springfield Park
4091

DATE OF PUBLICATION OF THE PACKAGE INSERT
To be submitted: October 2014
Previous submission: June 2012

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

PROFESSIONELE INLIGTING
MAXIVIT CHEWIES

SKEDULERINGSTATUS
SO

HANDELSNAAM EN DOSEERVORM
MAXIVIT CHEWIES KOUBARE-TABLETTE

SAMESTELLING
Elke tablet bevat

Biotin	**0.05 mg**	**50%**
Foliensuur	**0.1 mg**	**50%**
Selenium(Gecheleerde)	**20 µg**	
Vitamien A	**1666 IE**	**50%**
Vit B1 (Tiamien Nitraat)	**0.7 mg**	**50%**
Vit B2 (Riboflavien)	**0.8 mg**	**50%**
Vit B3 (Nikotienamied)	**9 mg**	**50%**
Vit B5 (Pantoteensuur)	**3 mg**	**50%**
Vit B6 (Piridoksien HCl)	**1 mg**	**50%**
Vit B12 (Sianokobalamien)	**0.5 µg**	**50%**
Vit C (Askorbiensuur)	**30 mg**	**50%**
Vit D3	**100 IE**	**50%**

Onaktiewe bestanddele: versoet met Xylitol en Sucralose.
Bevat GEEN Aspartaam of Sakkarien.

FARMAKOLOGIESE KLASSIFIKASIE
D. 32.2 ander Westerse Kruie.

FARMAKOLOGIESE WERKING
Vitamiene aanvulling.

INDIKASIES
MAXIVIT CHEWIES word gebruik as ’n gesondheids aanvuller om gesondheid en algemene welstand te verbeter, veral in kinders.

KONTRA-INDIKASIES
MAXIVIT CHEWIES is teenaangedui indien:
Jy hipersensitief is vir enige van die bestanddele.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS
As jy op enige ander vitamien A medikasie is, raadpleeg jou dokter voordat jy hierdie produk gebruik. Raadpleeg jou dokter as jy op anti-stolmiddels is.
Effek op die vermoë om motor te bestuur en masjinerie te gebruik:
Onbekend.

INTERAKSIES
Vitamien A kan met Warfarin inmeng en die antistollingswerking beinvloed en verminder.

SWANGERSKAP EN LAKTASIE
Raadpleeg jou dokter as jy swanger is of borsvoed, of as jy beplan om binnekort swanger te raak. Te veel Vitamien A kan skadelik vir die baba wees. Veiligheid en/of doeltreffendheid is nie vasgestel nie.

DOSIS EN GEBRUIKSAANWYSINGS
Kinders ouderdom 2-5 jaar: 1 Chewies daagliks
Kinders ouderdom 5 jaar en ouer : 1 - 2 Chewies daagliks
Volwassenes : 2 Chewies daagliks.

NEWE-EFFEKTE
Onbekend. Indien u algehele gesondheid versleg terwyl u hierdie aanvulling gebruik, raadpleeg u dokter of apteker vir professionele advies.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VIR DIE BEHANDELING DAARVAN
Behandeling is simpotomaties en ondersteunend.

INDENTIFIKASIE: Ronde, groen koubare tablet met ’n suur-appel geur.

AANBIEDING
MAXIVIT CHEWIES is beskikbaar in houers met 30 tablette.

BERGINGSINSTRUKSIES
Bêre benede 25°C.
Beskerm teen direkte sonlig.
Hou in oorspronklike verpakking tot gebruik.
Moet nie na die vervaldatum op die bottel gebruik nie.
HOU BUITE BEREIK VAN KINDERS.

REGISTRASIENOMMER
Sal toegeken word deur die Raad na afloop van registrasie.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT
Keynote Health (Pty) Ltd
Unit 2
Penny Lane Park
64 Ebonyfield Ave
Springfield Park
4091

DATUM VAN PUBLIKASIE VAN DIE VOUBILJET
Datum van voorlegging: Oktober 2014
Vorige voorlegging: Junie 2012

Hierdie medisyne is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne beoog nie om enige siekte te diagnoseer, te behandel, te genees of te voorkom nie.

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PATIENT INFORMATION LEAFLET
MAXIVIT CHEWIES

SCHEDULING STATUS
SO

PROPRIETARY NAME AND DOSAGE FORM
MAXIVIT CHEWIES (chew-tablets)

Read all of this leaflet carefully because it contains important information for you.
MAXIVIT CHEWIES is available without a doctor's prescription.
Nevertheless you still need to use **MAXIVIT CHEWIES** carefully to get the best results from it.
• Keep this leaflet. You may need to read it again.
• Do not share **MAXIVIT CHEWIES** with any other person.
• Ask your pharmacist if you need more information or advice.
• You must see a doctor if your symptoms worsen or do not improve.

WHAT MAXIVIT CHEWIES CONTAINS
Each tablet contains the following active ingredients:

Biotin	0.05 mg	50%
Folic Acid	0.1 mg	50%
Selenium(Chelated)	20 µg	
Vitamin A	1666 IU	50%
Vit B1 (Thiamine Nitrate)	0.7 mg	50%
Vit B2 (Riboflavin)	0.8 mg	50%
Vit B3 (Nicotinamide)	9 mg	50%
Vit B5 (Pantothenic acid)	3 mg	50%
Vit B6 (Pyridoxine HCl)	1 mg	50%
Vit B12 (Cyanocobalamin)	0.5 µg	50%
Vit C (Ascorbic acid)	30 mg	50%
Vit D3	100 IU	50%

Excipients: sweetened with Xylitol and Sucralose.
Containes NO Aspartame or Saccharine.

WHAT MAXIVIT CHEWIES IS USED FOR
Maintaining a healthy body and promoting general well-being, especially in children.

BEFORE YOU TAKE MAXIVIT CHEWIES:
Do not take MAXIVIT CHEWIES
• If you are hypersensitive (allergic) to any of the ingredients.
Tell your doctor if you are not sure about any of the above.
Take special care with MAXIVIT CHEWIES
Consult a doctor before taking this product if you are on any other Vitamin A medication.
Taking MAXIVIT CHEWIES with food and drink:
MAXIVIT CHEWIES should be taken after meals, once daily.
Pregnancy and lactation
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.
Effects on ability to drive vehicles and use machinery: None known.
Important information about some of the ingredients in MAXIVIT CHEWIES
Taking other medicines with MAXIVIT CHEWIES:
Always tell your healthcare professional if you are taking any other medicine.
(This includes complementary or traditional medicines.)
Tell your doctor if you are taking any anticoagulants such as warfarin.

HOW TO TAKE MAXIVIT CHEWIES
Do not share medicines with any other person.
Always take MAXIVIT CHEWIES exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.
The usual dosage is:
Children aged 2-5 years: 1 Chewies daily
Children aged 5 years and older: 1-2 Chewies daily
Adults: 2 chewies daily
Do not take more than the recommended dose.
If you take more MAXIVIT CHEWIES than you should:
In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.
If you forget to take/missed a dose of MAXIVIT CHEWIES
Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.
Effects when treatment with MAXIVIT CHEWIES is stopped
If taking the dose as indicated, there should be no adverse effects when stopping use of this medication.

POSSIBLE SIDE EFFECTS
Not known. Should your general health worsen while taking this medicine,please consult your doctor or pharmacist for professional advice.
If any of the following happens, stop taking **MAXIVIT CHEWIES** and tell your doctor immediately or go to the casualty department at your nearest hospital,
• Spontaneous bleeding.
• Diarrhoea, nausea, vomiting, lack of muscle tone, and weakness.
• Increase in blood glucose levels in diabetic patients.
If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF MAXIVIT CHEWIES
Store at or below 25°C.
Protect from direct sunlight.
Store in original packaging until required for use.
Do not store in a bathroom.
Do not use after the expiry date stated on the label/carton/bottle.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewage systems (e.g. toilets).
KEEP ALL MEDICINES OUT OF THE REACH OF CHILDREN.

PRESENTATION OF MAXIVIT CHEWIES
MAXIVIT CHEWIES is available in containers with 30 tablets.

IDENTIFICATION OF MAXIVIT CHEWIES
Round, green chew tablets with a sour-apple flavour.

REGISTRATION NUMBER
Will be allocated by Council upon registration.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
Keynote Health (Pty) Ltd
Unit 2
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Previous submission: June 2012
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PASIËNTINLIGTINGSBLAADJIE
MAXIVIT CHEWIES

SKEDULERINGSTATUS
SO

HANDELSNAAM EN DOSEERVORM
MAXIVIT CHEWIES (koubare-tablette)

Lees die hele voubiljet noukeurig deur, want dit bevat belangrike inligting vir jou.
MAXIVIT CHEWIES is beskikbaar sonder 'n dokter se voorskrif.
Nogtans moet jy die gebruiksaanwysings vir **MAXIVIT CHEWIES** noukeurig volg om die beste resultate te verkry.
• Hou hierdie voubiljet. Jy mag dit dalk weer moet lees.
• Moet nie **MAXIVIT CHEWIES** met enige ander persoon deel nie.
• Vra jou apteker indien jy meer inligting of advies nodig het.
• Raadpleeg jou dokter as jou simptome vererger of nie verbeter nie.

WAT MAXIVIT CHEWIES BEVAT
Elke tablet bevat die volgende aktiewe bestanddele:

Biotin	0.05 mg	50%
Foliensuur	0.1 mg	50%
Selenium(Gecheleerde)	20 µg	
Vitamien A	1666 IE	50%
Vit B1 (Tiamien Nitraat)	0.7 mg	50%
Vit B2 (Riboflavien)	0.8 mg	50%
Vit B3 (Nikotienamied)	9 mg	50%
Vit B5 (Pantoteensuur)	3 mg	50%
Vit B6 (Piridoksien HCl)	1 mg	50%
Vit B12 (Sianokobalamien)	0.5 µg	50%
Vit C (Askorbiensuur)	30 mg	50%
Vit D3	100 IE	50%

Onaktiewe bestanddele: versoet met Xylitol en Sucralose.
Bevat GEEN Aspartaam of Sakkarien.

WAARVOOR MAXIVIT CHEWIES GEBRUIK WORD
MAXIVIT CHEWIES kan help in die handhawing van 'n gesonde liggaam en met die verbetering van algehele welstand, veral in kinders.

VOORDAAT JY MAXIVIT CHEWIES NEEM:
Moet nie MAXIVIT CHEWIES gebruik
• Indien jy hipersensitief (allergies) is vir enige van die bestanddele.
Raadpleeg jou dokter indien jy nie seker is oor enige van die bogenoemde nie.
Neem spesiale voorsorg met MAXIVIT CHEWIES
Raadpleeg jou dokter voordat jy hierdie produk gebruik as jy op enige ander vitamien A medikasie is.
Die neem van MAXIVIT CHEWIES met kos en drank: MAXIVIT CHEWIES moet na etes geneem word, eenmaal per dag.
Swangerskap en laktasie
As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of ander professionele gesondheidsorgwerker vir advies voordat jy hierdie medisyne neem.
Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Geen bekend.
Belangrike inligting oor die bestanddele in MAXIVIT CHEWIES
Gebruik van ander medisyne saam met **MAXIVIT CHEWIES**:
Vertel jou gesondheidsorg professionele as jy enige ander medisyne gebruik. (Insluitend aanvullende of tradisionele medisyne.)
Sorg dat jou dokter weet indien jy enige ander antistolmiddels soos Warfarin neem.

HOE OM MAXIVIT CHEWIES TE NEEM
Moet nie jou medisyne met enige ander mense deel nie.
Neem **MAXIVIT CHEWIES** altyd presies soos aangedui of soos deur jou dokter voorgeskryf. Raadpleeg jou dokter of apteker indien jy onseker is.
Die normale dosis is:
Kinders ouderdom 2-5 jaar: 1 Chewies daagliks
Kinders ouderdom 5 jaar en ouer: 1-2 Chewies daagliks
Volwassenes: 2 Chewies daagliks
Moet nie die vasgestelde dosis oorskry nie.
As jy meer MAXIVIT CHEWIES neem as wat jy behoort te neem
In die geval van oordosering, raadpleeg jou dokter of apteker. Indien hulle nie beskikbaar is nie, kontak die naaste hopitaal of gifbeheersentrum.
As jy vergeet/nagelaat het om 'n dosis van MAXIVIT CHEWIES te neem
Neem die oorgeslaande dosis sodra jy onthou daarvan. Moet nie 'n dubbele dosis neem om op te maak vir individuele dosisse wat jy oorgeslaan het nie.
Uitwerking na behandeling met MAXIVIT CHEWIES gestaak is.
Indien die dosis soos aangedui geneem word, sal daar geen newe-effekte wees wanneer die gebruik van **MAXIVIT CHEWIES** gestaak word nie.

MOONTLIKE NEWE-EFFEKTE
Onbekend. Indien jou algehele gesondheid versleg terwyl jy hierdie aanvulling gebruik, raadpleeg jou dokter of apteker vir professionele advies.
Indien enige van die volgende gebeur, staak gebruik van **MAXIVIT CHEWIES** en raadpleeg jou dokter onmiddellik, of gaan na die ongevalle-afdeling van jou naaste hospitaal,
• Spontane bloeding.
• Diarree, naarheid, braking, 'n gebrek aan spiertonus, en swakheid.
• 'n Toename in bloedglukosevlakke in diabetiese pasiente.
As jy enige newe-effekte ondervind wat nie in hierdie pamflet genoem word nie, laat asseblief jou dokter of apteker weet.

HOE OM MAXIVIT CHEWIES TE STOOR EN DAARVAN ONTSLAE TE RAAK
Bere benede 25°C.
Bewaar teen direkte sonlig.
Bewaar in die oorspronklike verpakking tot voor gebruik.
Moet nie in 'n badkamer stoor nie.
Moet nie na die vervaldatum op die biljet/karton/bottel gebruik nie.
Neem alle ongebruikte medisyne terug na jou apteker.
Moet nie ongebruikte medisyne in dreine of rioolstelsels (bv.toilette) weggooi nie.
HOU ALLE MEDISYNE BUITE BEREIK VAN KINDERS.

AANBIEDING VAN MAXIVIT CHEWIES
MAXIVIT CHEWIES is beskikbaar in houers met 30 tablette.

IDENTIFIKASIE VAN MAXIVIT CHEWIES
Ronde groen koubare tablet met 'n suur-appel geur.

REGISTRASIENOMMER
Sal toegeken word deur die Raad na afloop van registrasie.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT
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Datum van voorlegging: Oktober 2014
Vorige voorlegging: June 2012
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