

PROFESSIONAL INFORMATION MAXIPREG	PROFESIONELE INLIGTING MAXIPREG
SCHEDULING STATUS SO	SKEDULERINGSSTATUS SO
PROPRIETARY NAME AND DOSAGE FORM MAXIPREG (capsules)	HANDELSNAAM EN DOSEERVORM MAXIPREG (kapsules)
COMPOSITION Each sachet contains 4 capsules:- 1 Multivitamin capsule containing:	SAMESTELLING Elke sakkie bevat 4 kapsules:- 1 Multivitamin kapsule met:
Biotin 5 µg Calcium 20 mg Choline 5 mg Copper 200 µg Folic acid 500 µg Inositol 1 mg Iodine 140 µg Iron 12 mg Magnesium 500 µg Manganese 5 µg Phosphorous 15 mg Potassium 500 µg Selenium 50 µg Vitamin A (Retinyl palmitate) 2666 iu Vitamin B1 (Thiamine Nitrate) 3 mg Vitamin B2 (Riboflavin) 2 mg Vitamin B3 (Nicotinamide) 20 mg Vitamin B5 (Pantothenic acid) 5 mg Vitamin B6 (Pyridoxine HCl) 8 mg Vitamin B12 (Cyanocobalamin) 2 µg Vitamin C (Ascorbic acid) 40 mg Vitamin D3 (Cholecalciferol) 120 iu Vitamin E (Alpha-tocopherol) 20 mg Zinc 4 mg	Biotin 5 µg Kalsium 20 mg Cholien 5 mg Koper 200 µg Foliensuur 500 µg Inositol 1 mg Jodium 140 µg Yster 12 mg Magnesium 500 µg Mangaan 5 µg Fosfaat 15 mg Kalium 500 µg Selenium 50 µg Vitamiën A (Retiniëlpalmiataat) 2666 ie Vitamiën B1 (Tiamien Nitraat) 3 mg Vitamiën B2 (Riboflavien) 2 mg Vitamiën B3 (Nikotienamied) 20 mg Vitamiën B5 (Pantoteensuur) 5 mg Vitamiën B6 (Piridoksien HCl) 8 mg Vitamiën B12 (Cyanocobalamine) 2 µg Vitamiën C (Askorbien-suur) 40 mg Vitamiën D3 (Cholekalsiferol) 120 ie Vitamiën E (Alfa tokoferol) 20 mg Sink 4 mg
1 Marine Fish Oil capsule containing: Marine Fish Oil 1000 mg Providing EPA (Eicosapentaenoic acid) 180 mg DHA (Docosahexaenoic acid) 120 mg	1 Mariene Vis Olie kapsule bevat: Mariene vis olie 1000 mg Die verskaffing van EPA (Eikosapentaensuur) 180 mg DHA (Dokosaheksaensuur) 120 mg
1 Lecithin capsule containing: Lecithin 1000 mg	1 Lesitiën kapsule bevat: Lesitiën 1000 mg
1 white Calcium capsule containing: Calcium 600 mg Vitamin D3 400 iu	1 wit Kalsium kapsule bevat: Kalsium 600 mg Vitamiën D3 400 iu
The other ingredients are: Green capsule: soya lecithin, carrageenan, glycerol. Yellow, brown and white capsule: bovine gelatin.	Onaktiewe bestanddele: Groen kapsule: soja lesitiën, karrageenan, gliserol. Geel, bruin en wit kapsule: bees gelatien.
Contains no sugar.	Bevat geen suiker.
PHARMACOLOGICAL CATEGORY Health supplement. Category D34.12 Multiple substance formulation.	FARMAKOLOGIESE KATEGORIE Gesondheidsaanvulling. Kategorie D34.12 Meervoudige bestanddeel formulering.
PHARMACOLOGICAL ACTION The vitamins and minerals can assist in fat, carbohydrate and amino acid metabolism, nucleic acid and protein synthesis. They have antioxidant properties which assist in maintaining proper immune function. The body cannot produce omega-3 fatty acids. MAXIPREG provides a source of omega-3. Calcium is necessary for the development and maintenance of bone strength and may reduce the risk of osteoporosis.	FARMAKOLOGIESE WERKING Die vitamiene en minerale kan met vette, koolhidrate en aminosuur metabolisme, nukleiënsuur en proteïensintese help. MAXIPREG het anti-oksidant eienskappe wat help met die handhawing van 'n behoeflike immuun funksie. Die liggaam kan nie omega-3 vetzure produseer nie en MAXIPREG is 'n bron van omega-3. Kalsium is noodsaaklik vir die ontwikkeling en instandhouding van beensterkte en kan die risiko van osteoporose verminder.
Pharmacodynamic properties Omega-3 fats are thought to be important for normal neural function. There is preliminary evidence that they might improve retinal, visual, learning, and memory function. Lecithin consists of phospholipids which are the chief constituents of cell membranes. Lecithin also contains omega-6 fatty acids and a small amount of omega-3 fatty acids.	Farmakodinamiese eienskappe Dit word vermoed dat omega-3 belangrik is vir normale neurale funksie. Daar is bewys dat dit dalk retina, visuele, leer, en geheue-funksie verbeter. Lesitiën bestaan uit fosfolipiede wat die hoof bestanddeel van selmembrane is. Lesitiën bevat ook omega-6 vetzure en 'n klein hoeveelheid omega-3 vetzure.
Pharmacokinetic properties Following consumption, polyunsaturated fatty acids, such as the omega-3 and omega-6 fatty acids, are incorporated into cell membranes, where they modulate membrane protein function, cellular signaling, and gene expression.	Farmakokinetiese eienskappe Na inname van poli-onversadigde vetzure, soos omega-3 en omega-6 vetzure wat in die selmembrane opgeneem word, waar hulle membraan proteïene funksie, selulêre sein, en die uitdrukking van gene moduleer.
INDICATIONS MAXIPREG is an all-in-one supplement providing vitamins, minerals, phospholipids and omega-3 formulated to provide what the body needs before, during and after pregnancy.	INDIKASIES MAXIPREG is 'n alles-in-een aanvulling wat vitamiene, minerale, fosfolipiede, kalsium en omega-3 verskaf wat geformuleer is om voedingsbehoefte voor, tydens en na swangerskap te voorsien. MAXIPREG kan ondersteuning bied vir moegheid en die verbetering van konsentrasie.
CONTRAINDICATIONS MAXIPREG capsules are contraindicated in patients with known hypersensitivity to any of the ingredients.	KONTRA-INDIKASIES MAXIPREG is teenaangedui in pasiënte wat hipersensitief is vir enige van die bestanddele.
WARNINGS AND SPECIAL PRECAUTIONS Not to be taken by persons allergic to fish. Consult a doctor before taking this product if you are on any other Vitamin A medication. Consult a doctor if you are on anticoagulants.	WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS Moet nie geneem word deur persone wat allergies is vir vis nie. As jy op enige ander vitamien A medikasie is, raadpleeg jou dokter voordat jy hierdie produk gebruik. Raadpleeg jou dokter as jy op antistollings medisyne is.
Special precautions Lecithin can cause allergic skin reactions in people with egg and soy allergies. MAXIPREG should not be taken by patients suffering from kidney failure, kidney stones or calcium deposits in the kidneys. MAXIPREG should not be taken by patients suffering from Sarcoidosis as it contains calcium and vitamin D3. Effects on ability to drive vehicles and use machinery: No known effect.	Spesiale voorsorgmaatreëls Lesitiën kan allergiese vel reaksies veroorsaak in mense met eier en soja allergieë. MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierstene of kalsiumafsettings in die niere ly nie. MAXIPREG moet nie geneem word deur pasiënte wat aan sarkoïdise ly nie, aangesien dit kalsium en vitamien D3 bevat Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Geen bekende effek.
INTERACTIONS Vitamin A may interfere with Warfarin, reducing the anticoagulant effect. Thiazide diuretics may increase calcium blood levels. Oral steroids may increase calcium blood levels. Cardiac glycosides may exhibit greater side effects with calcium supplementation. Absorption of tetracyclines, fluoroquinolones and bisphosphonates may be inhibited by calcium and should be taken 2 hours before or 4 hours after calcium intake.	INTERAKSIES Vitamiën A kan met Warfarin inmeng en die vermindering van die antistollingsuitwerking beïnvloed. Tiasieddiuretika kan kalsiumbloedvlakke verhoog. Orale steroïede kan kalsiumbloedvlakke verhoog. Hartglikosiede kan groter newe-effekte met kalsiumaanvulling. Aabsorpsie van tetrasiklene, fluorkinolone en bisfosfonate kan deur kalsium geïnhibeer word en moet 2 uur voor of 4 uur na kalsiuminname geneem word.
PREGNANCY AND BREASTFEEDING Speak to your doctor if you are pregnant or breastfeeding or plan to become pregnant soon. Taking too much vitamin A can be harmful to your baby. MAXIPREG can be taken during pregnancy and lactation. As calcium and vitamin D3 pass into breast milk, care must be taken if the infant is taking any other supplements containing calcium and vitamin D3.	SWANGER EN BORSVOED Raadpleeg jou dokter as jy swanger is of borsvoed, of as jy beplan om binnekort swanger te word. Te veel vitamien A kan skadelik vir jou baba wees. MAXIPREG kan tydens swangerskap en laktasie geneem word. Aangesien kalsium en vitamien D3 in borsmelk oorgaan, wees dus versigtig as die baba enige ander aanvullings wat kalsium en vitamien D3 bevat, neem.
DOSAGE AND DIRECTIONS FOR USE Persons 18 years and older: 1 sachet with the 4 capsules daily with a meal and half a glass of water.	DOSIS EN GEBRUIKSAANWYSINGS Persone 18 jaar en ouer: 1 sakkie met die 4 kapsules per dag met ete en 'n halwe glas water.
SIDE EFFECTS Nervous system disorders <i>Less frequent</i> Gastrointestinal disorders <i>Less frequent</i>	NEWE-EFFEKTE Senuisisteamversteurings <i>Minder gereeld</i> Gastroïntestinale versteurings <i>Minder gereeld</i>
Headache, sleep disturbances. Constipation, flatulence, belching, heartburn, indigestion and nausea, bright yellow discoloration of the urine, halitosis and a 'fishy' burp.	Hoofpyn, slaapversteurings Hardlywigheid, winderigheid, viserige winde opbreek, soolbrand, slegte spysvertering en naarheid, helder geel verkleuring van die urine en halitose
Skin <i>Less frequent</i>	Vel <i>Minder gereeld</i>
KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT Treatment should be symptomatic and supportive.	BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VIR DIE BEHANDELING DAARVAN Behandeling is simptomaties en ondersteunend.
IDENTIFICATION Each sachet contains: 1 green capsule providing vitamins and minerals. 1 clear, light-yellow capsule providing marine fish oil. 1 brown capsule providing lecithin. 1 white capsule providing calcium and vitamin D3. Note that the colour of the lecithin may vary from batch to batch. This is quite normal and is due to varying environmental factors upon harvesting of the oil.	IDENTIFIKASIE Elke sakkie bevat: 1 groen kapsule met vitamiene en minerale. 1 deursigtige, liggeel kapsule met mariene vis olie. 1 bruin kapsule met lesitiën. 1 wit kapsule met kalsium en vitamien D3. Let daarop dat die kleur van die Lesitiën mag verskil van bondel tot bondel. Dit is heel normaal as gevolg van omgewings faktore met die oes van die olie.
PRESENTATION Each sachet of MAXIPREG contains 4 capsules. There are 28 sachets in a box.	AANBIEDING MAXIPREG bevat 4 kapsules per sakkie. 28 sakkies in 'n boks.
STORAGE INSTRUCTIONS Store at or below 25 °C Protect from light. Do not use after the expiry date printed on the box. STORE OUT OF REACH OF CHILDREN	BERGINGSINSTRUKSIES Stoor teen of onder 25 °C. Beskerm teen lig. Moet nie na die vervaldatum op die boks gebruik nie. STOOR BUITE BEREIK VAN KINDERS.
REGISTRATION NUMBER Will be allocated by Council upon registration.	REGISTRASIONUMMER Sal toegeken word deur die Raad na afloop van registrasie.
NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION Keynote Health (Pty) Ltd Unit 2 Penny Lane Park 64 Ebonyfield Ave Springfield Park 4091	NAAM EN BESIGHEIDSDRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT Keynote Health (Pty) Ltd Unit 2 Penny Lane Park 64 Ebonyfield Ave Springfield Park 4091
DATE OF PUBLICATION March 2023	DATUM VAN PUBLIKASIE Maart 2023
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.	Hierdie ongeregistreerde medisyne was nie geëvalueer deur die SAHPRA vir kwaliteit, veiligheid of gebruik intensies.

PATIENT INFORMATION LEAFLET MAXIPREG	PASIËNTINLIGTINGSBLAADJIE MAXIPREG
SCHEDULING STATUS SO	SKEDULERINGSSTATUS SO
PROPRIETARY NAME AND DOSAGE FORM MAXIPREG (capsules) Read all of this leaflet carefully because it contains important information for you. MAXIPREG is available without a doctor's prescription. Nevertheless you still need to use MAXIPREG carefully to get the best results from it. <ul style="list-style-type: none"> • Keep this leaflet. You may need to read it again. • Do not share MAXIPREG with any other person. • Ask your pharmacist if you need more information or advice. • You must see a doctor if your symptoms worsen or do not improve. 	HANDELSNAAM EN DOSEERVORM MAXIPREG (Kapsules) Lees die hele voubljiet noukeurig deur, want dit bevat belangrike inligting vir jou. MAXIPREG is beskikbaar sonder 'n voorskrif. Nogtans moet jy die gebruiksaanwysings vir MAXIPREG noukeurig volg om die beste resultate te verkry. <ul style="list-style-type: none"> • Hou hierdie voubljiet. Jy mag dit dalk weer moet lees. • Moet nie MAXIPREG met enige ander persoon deel nie. • Vra jou apteker indien jy meer inligting of advies nodig het. • Raadpleeg jou dokter as jou simptome vererger of nie verbeter nie.
WHAT MAXIPREG CONTAINS Each sachet contains 4 capsules:- 1 Multivitamin capsule containing: Biotin 5 µg Calcium 20 mg Choline 5 mg Copper 200 µg Folic acid 500 µg Inositol 1 mg Iodine 140 µg Iron 12 mg Magnesium 500 µg Manganese 5 µg Phosphorous 15 mg Potassium 500 µg Selenium 50 µg Vitamin A (Retinyl palmitate) 2666 iu Vitamin B1 (Thiamine Nitrate) 3 mg Vitamin B2 (Riboflavin) 2 mg Vitamin B3 (Nicotinamide) 20 mg Vitamin B5 (Pantothenic acid) 5 mg Vitamin B6 (Pyridoxine HCl) 8 mg Vitamin B12 (Cyanocobalamin) 2 µg Vitamin C (Ascorbic acid) 40 mg Vitamin D3 (Cholecalciferol) 120 iu Vitamin E (Alpha-tocopherol) 20 mg Zinc 4 mg 1 Marine Fish Oil capsule containing: Marine Fish Oil 1000 mg Providing EPA (Eicosapentaenoic acid) 180 mg DHA (Docosahexaenoic acid) 120 mg 1 Lecithin capsule containing: Lecithin 1000 mg 1 White Calcium capsule containing: Calcium 600 mg Vitamin D3 400 iu The other ingredients are: Green capsule: soya lecithin, carrageenan, glycerol. Yellow, brown and white capsule: bovine gelatin. Contains no sugar.	WAT MAXIPREG BEVAT Elke sakkie bevat 4 kapsules:- 1 Multivitamin kapsule met: Biotin 5 µg Kalsium 20 mg Choleen 5 mg Koper 200 µg Foliensuur 500 µg Inositol 1 mg Jodium 140 µg Yster 12 mg Magnesium 500 µg Mangaan 5 µg Fosfaat 15 mg Kalium 500 µg Selenium 50 µg Vitamien A (Retiniepalmiataat) 2666 iu Vitamien B1 (Tiamien Nitraat) 3 mg Vitamien B2 (Riboflavin) 2 mg Vitamien B3 (Nikotienamied) 20 mg Vitamien B5 (Pantoteensuur) 5 mg Vitamien B6 (Piridoksien HCl) 8 mg Vitamien B12 (Cyanocobalamine) 2 µg Vitamien C (Askorbiesuur) 40 mg Vitamien D3 (Cholekalsiferol) 120 iu Vitamien E (Alfa tokoferol) 20 mg Sink 4 mg 1 Marine Vis Olie kapsule bevat: Mariene vis olie 1000 mg Die verskaffing van EPA (Eikosapentaensuur) 180 mg DHA (Dokosaheksaensuur) 120 mg 1 Lesitien kapsule bevat: Lesitien 1000 mg 1 Wit Kalsium kapsule bevat: Kalsium 600 mg Vitamien D3 400 iu Onaktiewe bestanddele: Groen kapsule: soja lesitien, karrageenan, glicerol. Geel, bruin en wit kapsule: bees gelatien.
PHARMACOLOGICAL CATEGORY Health supplement, Category D34.12 Multiple substance formulation.	FARMAKOLOGIESE KATEGORIE Gesondheidsaanvulling, Kategorie D34.12 Meervoudige bestanddeel formulering.
WHAT MAXIPREG IS USED FOR Calcium is necessary for the development and maintenance of bone strength and may reduce the risk of osteoporosis.	WAARVOOR MAXIPREG GEBRUIK WORD Calcium is 'n alles-in-een aanvulling wat vitamien, minerale, fosfolipiede, kalsium en omega-3, verskaf wat geformuleer is om voedingsbehoefes voor, tydens en na swangerskap te voorsien.
BEFORE YOU TAKE MAXIPREG: Do not take MAXIPREG <ul style="list-style-type: none"> • If you are hypersensitive (allergic) to any of the ingredients. 	VOORDAT JY MAXIPREG NEEM: Moet nie MAXIPREG gebruik <ul style="list-style-type: none"> • Indien jy hipersensitief (allergies) is vir enige van die bestanddele.
Take special care with MAXIPREG MAXIPREG should not be taken by patients suffering from kidney failure, kidney stones or calcium deposits in the kidneys.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
MAXIPREG is not to be taken by patients suffering from Sarcoidosis as it contains calcium and vitamin D3. Not to be taken by persons allergic to fish. Consult a doctor before taking this product if you are on any other Vitamin A medication.	MAXIPREG moet nie geneem word deur pasiënte wat aan sarkoïdiese ly nie, aangesien dit kalsium en vitamien D3 bevat. Moet nie geneem word deur persone wat allergies vir vis is nie.
MAXIPREG can cause allergic skin reactions in people with egg and soy allergies. Taking MAXIPREG with food and drink: MAXIPREG should be taken with water and a meal.	Die neem van MAXIPREG met kos en drank: MAXIPREG moet met water en 'n maaltyd geneem word. SWANGERSKAP EN BORSVOED As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of 'n ander professionele gesondheidsorg werker vir advies voordat jy hierdie medisyne neem.
PREGNANCY AND BREASTFEEDING If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.	MAXIPREG is 'n alles-in-een aanvulling wat vitamien, minerale, fosfolipiede, kalsium en omega-3, verskaf wat geformuleer is om voedingsbehoefes voor, tydens en na swangerskap te voorsien. VOORDAT JY MAXIPREG NEEM: Moet nie MAXIPREG gebruik <ul style="list-style-type: none"> • Indien jy hipersensitief (allergies) is vir enige van die bestanddele.
MAXIPREG can be taken during pregnancy and lactation. As calcium and vitamin D3 pass into breast milk, care must be taken if the infant is taking any other supplements containing calcium and vitamin D3.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
Effects on ability to drive vehicles and use machinery: No known effect.	MAXIPREG moet nie geneem word deur pasiënte wat aan sarkoïdiese ly nie, aangesien dit kalsium en vitamien D3 bevat. Moet nie geneem word deur persone wat allergies vir vis is nie.
Taking other medicine with MAXIPREG: Always tell your healthcare professional if you are taking any other medicine. (This includes complementary or traditional medicines.)	Die neem van MAXIPREG met kos en drank: MAXIPREG moet met water en 'n maaltyd geneem word. SWANGERSKAP EN BORSVOED As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of 'n ander professionele gesondheidsorg werker vir advies voordat jy hierdie medisyne neem.
Tell your doctor if you are taking any anticoagulants such as Warfarin. Thiazide diuretics may increase calcium blood levels.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
Oral steroids may increase calcium blood levels. Cardiac glycosides may exhibit greater side effects with calcium supplementation.	MAXIPREG is 'n alles-in-een aanvulling wat vitamien, minerale, fosfolipiede, kalsium en omega-3, verskaf wat geformuleer is om voedingsbehoefes voor, tydens en na swangerskap te voorsien. VOORDAT JY MAXIPREG NEEM: Moet nie MAXIPREG gebruik <ul style="list-style-type: none"> • Indien jy hipersensitief (allergies) is vir enige van die bestanddele.
Absorption of tetracyclines, fluoroquinolones and bisphosphonates may be inhibited by calcium and should be taken 2 hours before or 4 hours after calcium intake.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
HOW TO TAKE MAXIPREG Do not share medicines with any other person. Always take MAXIPREG exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.	MAXIPREG moet nie geneem word deur pasiënte wat aan sarkoïdiese ly nie, aangesien dit kalsium en vitamien D3 bevat. Moet nie geneem word deur persone wat allergies vir vis is nie.
The dosage is: Persons 18 years and older: one sachet with the 4 capsules daily with a meal and half a glass of water. Do not take more than the recommended dose.	Die neem van MAXIPREG met kos en drank: MAXIPREG moet met water en 'n maaltyd geneem word. SWANGERSKAP EN BORSVOED As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of 'n ander professionele gesondheidsorg werker vir advies voordat jy hierdie medisyne neem.
If you take more MAXIPREG than you should In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
If you forget to take / missed a dose of MAXIPREG Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
Effects when treatment with MAXIPREG is stopped If taking the dose as indicated, then there should be no adverse effects when stopping use of this medication.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
POSSIBLE SIDE EFFECTS MAXIPREG has a few uncommon side effects such as headache, sleep disturbances, constipation, flatulence, heartburn, indigestion and nausea, bright yellow discoloration of the urine, halitosis, 'fishy' burp and rash.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
Not all side effects reported for MAXIPREG are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
If any of the following happens, stop taking MAXIPREG and tell your doctor immediately or go to the casualty department at your nearest hospital:	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
<ul style="list-style-type: none"> • Spontaneous bleeding. • Diarrhoea, nausea, vomiting, lack of muscle tone, and weakness. • Increase in blood glucose levels in diabetic patients. 	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
STORING AND DISPOSING OF MAXIPREG Store at or below 25 °C. Protect from light and moisture. Do not store in a bathroom. Do not use after the expiry date stated on the carton. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewage systems (e.g. toilets). STORE ALL MEDICINE OUT OF THE REACH OF CHILDREN.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
PRESENTATION OF MAXIPREG Each sachet of MAXIPREG contains 4 capsules. There are 28 sachets in a box.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
IDENTIFICATION OF MAXIPREG Each sachet contains: 1 green capsule providing vitamins and minerals. 1 clear, light - yellow capsule providing marine fish oil. 1 brown capsule providing lecithin. 1 white capsule providing calcium and vitamin D3. Note that the colour of the lecithin may vary from batch to batch. This is quite normal and is due to varying environmental factors upon harvesting of the oil.	Neem spesiale voorsorg met MAXIPREG MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierteste of kalsiumafsettings in die niere ly nie.
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	REGISTRASIE-NOMMER Sal toegeken word deur die Raad na afloop van registrasie.
	NAAM EN BESIGHEIDSDRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT Keynote Health (Pty) Ltd Unit 2 Penny Lane Park 64 Ebonyfield Ave Springfield Park 4091
	DATUM VAN PUBLIKASIE VAN DIE VOUBLJET Maart 2023
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