PROFESSIONAL INFORMATION
MAXIPREG

SCHEDULING STATUS
S0

PROPRIETARY NAME AND DOSAGE FORM
MAXIPREG (capsules)

COMPOSITION
Each sachet contains 4 capsules:-

1 Multivitamin capsule containing:		
Biotin	5	µG
Calcium	20	mg
Choline	5	mg
Copper	200	µg
Folic acid	500	µg
Inositol	1	mg
Iodine	140	µg
Iron	12	mg
Magnesium	500	µg
Manganese	5	µg
Phosphorous	15	mg
Potassium	500	µg
Selenium	50	µg
Vitamin A (Retinyl palmitate)	2666	iu
Vitamin B1 (Thiamine Nitrate)	3	mg
Vitamin B2 (Riboflavin)	2	mg
Vitamin B3 (Nicotinamide)	20	mg
Vitamin B5 (Pantothenic acid)	5	mg
Vitamin B6 (Pyridoxine HCl)	8	mg
Vitamin B12 (Cyanocobalamin)	2	µg
Vitamin C (Ascorbic acid)	40	mg
Vitamin D3 (Cholecalciferol)	120	iu
Vitamin E (Alpha-tocopherol)	20	mg
Zinc	4	mg
1 Marine Fish Oil capsule containing:		
Marine Fish Oil	1000	mg
Providing EPA (Eicosapentaenoic acid)	180	mg
DHA (Docosahexaenoic acid)	120	mg
1 Lecithin capsule containing:		
Lecithin	1000	mg
1 white Calcium capsule containing:		
Calcium	600	mg
Vitamin D3	400	iu

The other ingredients are: Green capsule: soya lecithin, carrageenan, glycerol.
Yellow, brown and white capsule: bovine gelatin, glycerol.
Contains no sugar or artificial sweeteners.

PHARMACOLOGICAL CATEGORY
Complementary medicine - Health supplement. Category D34.12 Multiple substance formulation.

PHARMACOLOGICAL ACTION
The vitamins and minerals can assist in fat, carbohydrate and amino acid metabolism, nucleic acid and protein synthesis. They have antioxidant properties which assist in maintaining proper immune function. The body cannot produce omega-3 fatty acids. **MAXIPREG** provides a source of omega-3.
Calcium is necessary for the development and maintenance of bone strength and may reduce the risk of osteoporosis.
Pharmacodynamic properties
Omega-3 fats are thought to be important for normal neural function. There is preliminary evidence that they might improve retinal, visual, learning, and memory function.
Lecithin consists of phospholipids which are the chief constituents of cell membranes. Lecithin also contains omega-6 fatty acids and a small amount of omega-3 fatty acids.
Pharmacokinetic properties
Following consumption, polyunsaturated fatty acids, such as the omega-3 and omega-6 fattyacids, are incorporated into cell membranes, where they modulate membrane protein function, cellular signaling, and gene expression.

INDICATIONS
MAXIPREG is an all-in-one supplement providing vitamins, minerals, phospholipids and omega-3 formulated to provide what the body needs before, during and after pregnancy.

CONTRAINDICATIONS
MAXIPREG capsules are contraindicated in patients with known hypersensitivity to any of the ingredients.

WARNINGS AND SPECIAL PRECAUTIONS
Not to be taken by persons allergic to fish. Consult a doctor before taking this product if you are on any other Vitamin A medication. Consult a doctor if you are on anticoagulants.
Special precautions
Lecithin can cause allergic skin reactions in people with egg and soy allergies.
MAXIPREG should not be taken by patients suffering from kidney failure, kidney stones or calcium deposits in the kidneys. **MAXIPREG** should not be taken by patients suffering from Sarcoidosis as it contains calcium and vitamin D3.
Effects on ability to drive vehicles and use machinery: No known effect.

INTERACTIONS
Vitamin A may interfere with Warfarin, reducing the anticoagulant effect.
Thiazide diuretics may increase calcium blood levels.
Oral steroids may increase calcium blood levels.
Cardiac glycosides may exhibit greater side effects with calcium supplementation.
Absorption of tetracyclines, flouroquinolones and biphosphonates may be inhibited by calcium and should be taken 2 hours before or 4 hours after calcium intake.

PREGNANCY AND BREASTFEEDING
Speak to your doctor if you are pregnant or breastfeeding or plan to become pregnant soon.
Taking too much vitamin A can be harmful to your baby.
MAXIPREG can be taken during pregnancy and lactation.
As calcium and vitamin D3 pass into breast milk, care must be taken if the infant is taking any other supplements containing calcium and vitamin D3.

DOSAGE AND DIRECTIONS FOR USE
Persons 18 years and older: 1 sachet with the 4 capsules daily with a meal and half a glass of water.

SIDE EFFECTS

Nervous system disorders *Less frequent*	Headache, sleep disturbances.
Gastrointestinal disorders *Less frequent*	Constipation, flatulence, belching, heartburn, indigestion and nausea, bright yellow discoloration of the urine, halitosis and a 'fishy' burp.
Skin *Less frequent*	Rash

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT
Treatment should be symptomatic and supportive.

IDENTIFICATION
Each sachet contains:
1 green capsule providing vitamins and minerals.
1 clear, light-yellow capsule providing marine fish oil.
1 brown capsule providing lecithin.
1 white capsule providing calcium and vitamin D3.
Note that the colour of the lecithin may vary from batch to batch. This is quite normal and is due to varying environmental factors upon harvesting of the oil.

PRESENTATION
Each sachet of **MAXIPREG** contains 4 capsules. There are 28 sachets in a box.

STORAGE INSTRUCTIONS
Store at or below 25 ºC
Protect from light.
Do not use after the expiry date printed on the box.
STORE OUT OF REACH OF CHILDREN

REGISTRATION NUMBER
Will be allocated by Council upon registration.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
6 Heron Park
80 Corobrik Road
Riverhorse Valley
Durban
4017

DATE OF PUBLICATION
March 2023

This unregistered medicine has not been evaluated by the SAHPRA for it's quality, safety or intended use.

PROFESSIONELE INLIGTING
MAXIPREG

SKEDULERINGSTATUS
S0

HANDELSNAAM EN DOSEERVORM
MAXIPREG (kapsules)

SAMESTELLING
Elke sakkie bevat 4 kapsules:-

1 Multivitamien kapsule met:		
Biotien	5	µg
Kalsium	20	mg
Cholien	5	mg
Koper	200	µg
Foliensuur	500	µg
Inositol	1	mg
Jodium	140	µg
Yster	12	mg
Magnesium	500	µg
Mangaan	5	µg
Fosfaat	15	mg
Kalium	500	µg
Selenium	50	µg
Vitamien A (Retinielpalmitaat)	2666	ie
Vitamien B1 (Tiamien Nitraat)	3	mg
Vitamien B2 (Riboflavien)	2	mg
Vitamien B3 (Nikotienamied)	20	mg
Vitamien B5 (Pantoteensuur)	5	mg
Vitamien B6 (Piridoksien HCl)	8	mg
Vitamien B12 (Cyanocobalamine)	2	µg
Vitamien C (Askorbiensuur)	40	mg
Vitamien D3 (Cholekalsiferol)	120	ie
Vitamien E (Alfa tokoferol)	20	mg
Sink	4	mg
1 Mariene Vis Olie kapsule bevat:		
Mariene vis olie	1000	mg
Die verskaffing van EPA (Eikosapentaensuur)	180	mg
DHA (Dokosaheksaensuur)	120	mg
1 Lesitien kapsule bevat:		
Lesitien	1000	mg
1 wit Kalsium kapsule bevat:		
Kalsium	600	mg
Vitamien D3	400	ie

Onaktiewe bestanddele: Groen kapsule: soja lesitien, karrageenan, gliserol.
Geel, bruin en wit kapsule: bees gelatien, gliserol.
Bevat geen suiker of kunsmatige versoeters.

FARMAKOLOGIESE KATEGORIE
Komplementêre Medisyne - Gesondheidsaanvulling. Kategorie D34.12 Meervoudige bestanddeel formulering.

FARMAKOLOGIESE WERKING
Die vitamiene en minerale kan met vette, koolhidrate en aminosuur metabolisme, nukleïensuur en proteïensintese help. **MAXIPREG** het anti-oksidant eienskappe wat help met die handhawing van n behoorlike immuun funksie. Die liggaam kan nie omega-3 vetsure produseer nie en **MAXIPREG** is 'n bron van omega-3.
Kalsium is noodsaaklik vir die ontwikkeling en instandhouding van beensterkte en kan die risiko van osteoporose verminder.
Farmakodinamiese eienskappe
Dit word vermoed dat omega-3 belangrik is vir normale neurale funksie. Daar is bewys dat dit dalk retinale, visuele, leer, en geheue-funksie verbeter.
Lesitien bestaan uit fosfolipide wat die hoof bestandeel van selmembrane is.
Lesitien bevat ook omega-6 vetsure en 'n klein hoeveelheid omega 3-vetsure.
Farmakokinetiese eienskappe
Na iname van poli-onversadigde vetsure, soos omega-3 en omega-6 vetsure wat in die selmembrane opgeneem word, waar hulle membraan proteien funksie, sellulere sein, en die uitdrukking van gene moduleer.

INDIKASIES
MAXIPREG is 'n alles-in-een aanvulling wat vitamiene, minerale, fosfolipiede, kalsium en omega-3 verskaf wat geformuleer is om voedingsbehoeftes voor, tydens en na swangerskap te voorsien.
MAXIPREG kan ondersteuning bied vir moegheid en die verbetering van konsentrasie.

KONTRA-INDIKASIES
MAXIPREG is teenaangedui in pasiente wat hipersensitief is vir enige van die bestanddele.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS
Moet nie geneem word deur persone wat allergies is vir vis nie. As jy op enige ander vitamien A medikasie is, raadpleeg jou dokter voordat jy hierdie produk gebruik. Raadpleeg jou dokter as jy op antistollings medisyne is.
Spesiale voorsorgmaatreëls
Lesitien kan allergiese vel reaksies veroorsaak in mense met eier en soja allergieë.
MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierstene of kalsiumafsettings in die niere ly nie. **MAXIPREG** moet nie geneem word deur pasiënte wat aan sarkoïdose ly nie, aangesien dit kalsium en vitamien D3 bevat
Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Geen bekende effek.

INTERAKSIES
Vitamien A kan met Warfarin inmeng en die vermindering van die antistollingsuitwerking beinvloed.
Tiasiedduretika kan kalsiumbloedvlakke verhoog.
Orale steroïede kan kalsiumbloedvlakke verhoog.
Hartglikosiede kan groter newe-effekte met kalsiumaanvulling.
Absorpsie van tetrasikliene, fluorokinolone en bisfosfonate kan deur kalsium geïnhibeer word en moet 2 uur voor of 4 uur na kalsiuminname geneem word.

SWANGER EN BORSVOED
Raadpleeg jou dokter as jy swanger is of borsvoed, of as jy beplan om binnekort swanger te word.
Te veel vitamien A kan skadelik vir jou baba wees.
MAXIPREG kan tydens swangerskap en laktasie geneem word.
Aangesien kalsium en vitamien D3 in borsmelk oorgaan, wees dus versigtig as die baba enige ander aanvullings wat kalsium en vitamien D3 bevat, neem.

DOSIS EN GEBRUIKSAANWYSINGS
Persone 18 yaar en ouer: 1 sakkie met die 4 kapsules per dag met ete en 'n halwe glas water.

NEWE-EFFEKTE

Senusisteemversteurings *Minder gereeld*	Hoofpyn, slaapversteurings
Gastrointestinale versteurings *Minder gereeld*	Hardlywigheid, winderigheid, viserige winde opbreek, sooibrand, slegte spysvertering en naarheid, helder geel verkleuring van die urine en halitose
Vel *Minder gereeld*	Veluitslag

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VIR DIE BEHANDELING DAARVAN
Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE
Elke sakkie bevat:
1 groen kapsule met vitamiene en minerale.
1 deursigtige, liggeel kapsule met mariene vis olie.
1 bruin kapsule met lesitien.
1 wit kapsule met kalsium en vitamien D3.
Let daarop dat die kleur van die Lesitien mag verskil van bondel tot bondel. Dit is heel normaal as gevolg van omgewings faktore met die oes van die olie.

AANBIEDING
MAXIPREG bevat 4 kapsules per sakkie. 28 sakkies in 'n boks.

BERGINGSINSTRUKSIES
Stoor teen of onder 25 ºC.
Beskerm teen lig.
Moet nie na die vervaldatum op die boks gebruik nie.
STOOR BUITE BEREIK VAN KINDERS.

REGISTRASIENOMMER
Sal toegeken word deur die Raad na afloop van registrasie.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT
Keynote Health (Pty) Ltd
6 Heron Park
80 Corobrik Road
Riverhorse Valley
Durban
4017

DATUM VAN PUBLIKASIE
Maart 2023

Hierdie ongeregistreerde medisyne was nie geëvalueer deur die SAHPRA vir kwaliteit, veiligheid of gebruiks intensies.

PATIENT INFORMATION LEAFLET
MAXIPREG

SCHEDULING STATUS
S0

PROPRIETARY NAME AND DOSAGE FORM
MAXIPREG (capsules)

Read all of this leaflet carefully because it contains important information for you.
MAXIPREG is available without a doctor 's prescription. Nevertheless you still need to use **MAXIPREG** carefully to get the best results from it.
• Keep this leaflet. You may need to read it again.
• Do not share **MAXIPREG** with any other person.
• Ask your pharmacist if you need more information or advice.
• You must see a doctor if your symptoms worsen or do not improve.

WHAT MAXIPREG CONTAINS
Each sachet contains 4 capsules:-

1 Multivitamin capsule containing:		
Biotin	5	µg
Calcium	20	mg
Choline	5	mg
Copper	200	µg
Folic acid	500	µg
Inositol	1	mg
Iodine	140	µg
Iron	12	mg
Magnesium	500	µg
Manganese	5	µg
Phosphorous	15	mg
Potassium	500	µg
Selenium	50	µg
Vitamin A (Retinyl palmitate)	2666	iu
Vitamin B1 (Thiamine Nitrate)	3	mg
Vitamin B2 (Riboflavin)	2	mg
Vitamin B3 (Nicotinamide)	20	mg
Vitamin B5 (Pantothenic acid)	5	mg
Vitamin B6 (Pyridoxine HCl)	8	mg
Vitamin B12 (Cyanocobalamin)	2	µg
Vitamin C (Ascorbic acid)	40	mg
Vitamin D3 (Cholecalciferol)	120	iu
Vitamin E (Alpha-tocopherol)	20	mg
Zinc	4	mg
1 Marine Fish Oil capsule containing:		
Marine Fish Oil	1000	mg
Providing EPA (Eicosapentaenoic acid)	180	mg
DHA (Docosahexaenoic acid)	120	mg
1 Lecithin capsule containing:		
Lecithin	1000	mg
1 white Calcium capsule containing:		
Calcium	600	mg
Vitamin D3	400	iu

The other ingredients are: Green capsule: soya lecithin, carrageenan, glycerol.
Yellow, brown and white capsule: bovine gelatin, glycerol.
Contains no sugar or artificial sweeteners.

PHARMACOLOGICAL CATEGORY
Health supplement. Category D34.12 Multiple substance formulation.

WHAT MAXIPREG IS USED FOR
Calcium is necessary for the development and maintenance of bone strength and may reduce the risk of osteoporosis.
MAXIPREG is an all-in-one supplement providing vitamins, minerals, phospholipids and omega-3, formulated to provide what the body needs before, during and after pregnancy.

BEFORE YOU TAKE MAXIPREG:
Do not take MAXIPREG
• If you are hypersensitive (allergic) to any of the ingredients.
Tell your doctor if you are not sure about any of the above.
Take special care with MAXIPREG
MAXIPREG should not be taken by patients suffering from kidney failure, kidney stones or calcium deposits in the kidneys.
MAXIPREG should not be taken by patients suffering from Sarcoidosis as it contains calcium and vitamin D3.
Not to be taken by persons allergic to fish. Consult a doctor before taking this product if you are on any other Vitamin A medication.
MAXIPREG can cause allergic skin reactions in people with egg and soy allergies.
Taking MAXIPREG with food and drink:
MAXIPREG should be taken with water and a meal.
PREGNANCY AND BREASTFEEDING
If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.
MAXIPREG can be taken during pregnancy and lactation.
As calcium and vitamin D3 pass into breast milk, care must be taken if the infant is taking any other supplements containing calcium and vitamin D3.
Effects on ability to drive vehicles and use machinery: No known effect.
Taking other medicine with MAXIPREG:
Always tell your healthcare professional if you are taking any other medicine.
(This includes complementary or traditional medicines.)
Tell your doctor if you are taking any anticoagulants such as Warfarin.
Thiazide diuretics may increase calcium blood levels.
Oral steroids may increase calcium blood levels.
Cardiac glycosides may exhibit greater side effects with calcium supplementation.
Absorption of tetracyclines, flouroquinolones and biphosphonates may be inhibited by calcium and should be taken 2 hours before or 4 hours after calcium intake.

HOW TO TAKE MAXIPREG
Do not share medicines with any other person.
Always take **MAXIPREG** exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.
The dosage is: Persons 18years and older: one sachet with the 4 capsules daily with a meal and half a glass of water.
Do not take more than the recommended dose.
If you take more MAXIPREG than you should
In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.
If you forget to take / missed a dose of MAXIPREG
Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.
Effects when treatment with MAXIPREG is stopped
If taking the dose as indicated, then there should be no adverse effects when stopping use of this medication.

POSSIBLE SIDE EFFECTS
MAXIPREG has a few uncommon side effects such as headache, sleep disturbances, constipation, flatulence, heartburn, indigestion and nausea, bright yellow discoloration of the urine, halitosis, 'fishy' burp and rash.
Not all side effects reported for **MAXIPREG** are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other health care professional for advice.
If any of the following happens, stop taking **MAXIPREG** and tell your doctor immediately or go to the casualty department at your nearest hospital:
• Spontaneous bleeding.
• Diarrhoea, nausea, vomiting, lack of muscle tone, and weakness.
• Increase in blood glucose levels in diabetic patients.
If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF MAXIPREG
Store at or below 25 °C
Protect from light and moisture.
Do not store in a bathroom.
Do not use after the expiry date stated on the carton.
Return all unused medicine to your pharmacist.
Do not dispose of unused medicine in drains or sewage systems (e.g. toilets).
STORE ALL MEDICINE OUT OF THE REACH OF CHILDREN.

PRESENTATION OF MAXIPREG
Each sachet of **MAXIPREG** contains 4 capsules. There are 28 sachets in a box.

IDENTIFICATION OF MAXIPREG
Each sachet contains:
1 green capsule providing vitamins and minerals.
1 clear, light - yellow capsule providing marine fish oil.
1 brown capsule providing lecithin.
1 white capsule providing calcium and vitamin D3.
Note that the colour of the lecithin may vary from batch to batch. This is quite normal and is due to varying environmental factors upon harvesting of the oil.

REGISTRATION NUMBER
Will be allocated by Council upon registration.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION
Keynote Health (Pty) Ltd
6 Heron Park
80 Corobrik Road
Riverhorse Valley
Durban
4017

DATE OF PUBLICATION
March 2023

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PASIËNTINLIGTINGSBLAADJIE
MAXIPREG

SKEDULERINGSTATUS
S0

HANDELSNAAM EN DOSEERVORM
MAXIPREG (kapsules)

Lees die hele voubiljet noukeurig deur, want dit bevat belangrike inligting vir jou.
MAXIPREG is beskikbaar sonder 'n voorskrif. Nogtans moet jy die gebruiksaanwysings vir **MAXIPREG** noukeurig volg om die beste resultate te verkry.
• Hou hierdie voubiljet. Jy mag dit dalk weer moet lees.
• Moet nie **MAXIPREG** met enige ander persoon deel nie.
• Vra jou apteker indien jy meer inligting of advies nodig het.
• Raadpleeg jou dokter as jou simptome vererger of nie verbeter nie.

WAT MAXIPREG BEVAT
Elke sakkie bevat 4 kapsules:-

1 Multivitamien kapsule met:		
Biotin	5	µg
Kalsium	20	mg
Cholien	5	mg
Koper	200	µg
Foliensuur	500	µg
Inositol	1	mg
Jodium	140	µg
Yster	12	mg
Magnesium	500	µg
Mangaan	5	µg
Fosfaat	15	mg
Kalium	500	µg
Selenium	50	µg
Vitamien A (Retinielpalmitaat)	2666	ie
Vitamien B1 (Tiamien Nitraat)	3	mg
Vitamien B2 (Riboflavien)	2	mg
Vitamien B3 (Nikotienamied)	20	mg
Vitamien B5 (Pantoteensuur)	5	mg
Vitamien B6 (Piridoksien HCl)	8	mg
Vitamien B12 (Cyanocobalamine)	2	µg
Vitamien C (Askorbiensuur)	40	mg
Vitamien D3 (Cholekalsiferol)	120	ie
Vitamien E (Alfa tokoferol)	20	mg
Sink	4	mg
1 Marine Vis Olie kapsule bevat:		
Mariene vis olie	1000	mg
Die verskaffing van EPA (Eikosapentaensuur)	180	mg
DHA (Dokosaheksaensuur)	120	mg
1 Lesitien kapsule bevat:		
Lesitien	1000	mg
1 wit Kalsium kapsule bevat:		
Kalsium	600	mg
Vitamien D3	400	ie

Onaktiewe bestanddele:Groen kapsule:soja lesitien,karrageenan gliserol.
Geel, bruin en wit kapsule: bees gelatien gliserol.
Bevat geen suiker of kunsmatige versoeters.

FARMAKOLOGIESE KATEGORIE
Gesondheidsaanvulling.Kategorie D34.12 Meervoudige bestanddeel formulering.

WAARVOOR MAXIPREG GEBRUIK WORD
MAXIPREG is 'n alles-in-een aanvulling wat vitamiene, minerale, fosfolipiede, kalsium en omega-3, verskaf wat geformuleer is om voedingsbehoeftes voor, tydens en na swangerskap te voorsien.

VOORDAT JY MAXIPREG NEEM:
Moet nie MAXIPREG gebruik
• Indien jy hipersensitief (allergies) is vir enige van die bestanddele.
Raadpleeg jou dokter indien jy nie seker is oor enige van bogenoemde nie.
Neem spesiale voorsorg met MAXIPREG
MAXIPREG moet nie geneem word deur pasiënte wat aan nierversaking, nierstene of kalsiumafsettings in die niere ly nie.
MAXIPREG moet nie geneem word deur pasiënte wat aan sarkoïdose ly nie, aangesien dit kalsium en vitamien D3 bevat.
Moet nie geneem word deur persone wat allergies vir vis is nie.
Raadpleeg jou dokter voordat jy hierdie produk gebruik as jy op enige ander vitamien A medikasie is.
MAXIPREG kan allergiese vel reaksies in mense met eier en soja allergieë veroorsaak.
Die neem van MAXIPREG met kos en drank:
MAXIPREG moet met water en 'n maaltyd geneem word.
SWANGERSKAP EN BORSVOED
As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of 'n ander professionele gesondheidsorg werker vir advies voordat jy hierdie medisyne neem.
MAXIPREG kan tydens swangerskap en laktasie geneem word.
Aangesien kalsium en vitamien D3 in borsmelk oorgaan, wees dus versigtig as die baba enige ander aanvullings wat kalsium en vitamien D3 bevat, neem.
Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Geen bekende effek.
Gebruik van ander medisyne saam met MAXIPREG
Vertel jou gesondheidsorg professioneel as jy enige ander medisyne gebruik.
(insluitend aanvullende of tradisionele medisyne.)
Sorg dat jou dokter weet indien jy enige ander antistolmiddels soos Warfarin neem.
Raadpleeg jou dokter of apteker as jy enige van die volgende medisyne gebruik:
Tiasieddiuretika kan kalsiumbloedvlakke verhoog.
Orale steroïede kan kalsiumbloedvlakke verhoog.
Hartglikosiede kan groter newe-effekte met kalsiumaanvulling toon.
Tetrasikliene, fluorokinolone en bisfosfonate. Absorpsie van hierdie medisyne kan deur kalsium geïnhibeer word en moet 2 uur voor of 4 uur na kalsiuminname geneem word.

HOE OM MAXIPREG TE NEEM
Moet nie jou medisyne met enige ander persone deel nie.
Neem **MAXIPREG** presies soos aangedui of soos deur jou dokter voorgeskryf.
Raadpleeg jou dokter of apteker indien jy onseker is.
Die normale dosis is: Persone 18 jaar en ouer: een sakkie met die 4 kapsules per dag met ete en 'n halwe glas water.
Moet nie die vasgestelde dosis oorskry nie.
As jy meer MAXIPREG neem as wat jy behoort
In die geval van oordosering, raadpleeg jou dokter of apteker. Indien hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.
As jy vergeet / nagelaat het om 'n dosis van MAXIPREG te neem
Neem die oorgeslaande dosis sodra jy onthou daarvan. Moet nie 'n dubbele dosis neem om op te maak vir individuele dosisse wat jy oorgeslaan het nie.
Uitwerking na behandeling met MAXIPREG gestaak is:
Indien die dosis soos aangedui geneem word, sal daar geen newe-effekte wees wanneer die gebruik van **MAXIPREG** gestaak word nie.

MOONTLIKE NEWE-EFFEKTE
MAXIPREG het 'n paar ongewone newe-effekte soos hoofpyn, slaapversteurings, hardlywigheid, winderigheid, sooibrand, slegte spysvertering en naarheid, helder geel verkleuring van die urine, halitose en die opbreek van viserige winde.
Nie alle newe-effekte aangemeld vir **MAXIPREG** is in hierdie pamflet ingesluit nie.
Indien jou algemene gesondheid verswak of as jy 'n ongewenste effek ervaar, raadpleeg jou dokter, apteker of 'n ander professionele gesondheidsorg werker vir advies.
Indien enige van die volgende gebeur, staak gebruik van **MAXIPREG** en raadpleeg jou dokter onmiddellik, of gaan na die ongevalle-afdeling van jou naaste hospitaal:
• Spontane bloeding.
• Diarree, naarheid, braking, 'n gebrek aan spiertonus, en swakheid.
• 'n Toename in bloedglukosevlakke in diabetiese pasiente.
As jy enige newe-effekte ondervind wat nie in hierdie pamflet genoem word nie, laat asseblief jou dokter of apteker weet.

HOE OM MAXIPREG TE STOOR EN DAARVAN ONTSLAE TE RAAK
Stoor teen of onder 25 °C.
Die kapsules moet in lig en vog bestande houers gestoor word.
Moet nie in 'n badkamer stoor nie.
Moet nie na die vervaldatum op die karton gebruik nie.
Neem alle ongebruikte medisyne terug na jou apteker.
Moet nie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie.
STOOR ALLE MEDISYNE BUITE BEREIK VAN KINDERS.

AANBIEDING VAN MAXIPREG
MAXIPREG bevat 4 kapsules per sakkie. 28 sakkies in 'n boks

IDENTIFIKASIE VAN MAXIPREG
Elke sakkie bevat:
1 groen kapsule met vitamiene en minerale.
1 deursigtige liggeel kapsule met mariene vis olie.
1 bruin kapsule met lesitien.
1 wit kapsule met kalsium en vitamien D3.
Let daarop dat die kleur van die Lesitien mag verskil van bondel tot bondel. Dit is heel normaal as gevolg van omgewings faktore met die oes van die olie.

REGISTRASIENOMMER
Sal toegeken word deur die Raad na afloop van registrasie.

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Hierdie ongeregistreerde medisyne was nie geëvalueer deur die SAHPRA vir kwaliteit, veiligheid of gebruiks intensies.