

PROFESSIONAL INFORMATION	PROFESIONELE INLIGTING
MAXIVIT CHEWIES	MAXIVIT CHEWIES
SCHEDULING STATUS SO	SKEDULERINGSSTATUS SO
PROPRIETARY NAME AND DOSAGE FORM MAXIVIT CHEWIES (chew-tablets)	HANDELSNAAM EN DOSEERVORM MAXIVIT CHEWIES (koubare-tablette)
COMPOSITION Each tablet contains Biotin..... 0.05 mg Folic Acid0.1 mg Vitamin A (Retinyl palmitate) ..1666 iu Vitamin B1 (Thiamine HCl)..... 0.7mg Vitamin B2 (Riboflavin)0.8mg Vitamin B3 (Nicotinamide) 9 mg Vitamin B5 (Pantothenic acid).....3 mg Vitamin B6 (Pyridoxine HCl)..... 1 mg Vitamin B12 (Cyanocobalamin)... 0.5 µg Vitamin C (Ascorbic acid).....30 mg Vitamin D3 (Cholecalciferol) 100 iu Zinc (as zinc gluconate).....3 mg Xylitol.....300 mg Sorbitol.....220 mg Isomalt.....165 mg Sucralose (sweetener).....1.5 mg Other ingredients: citric acid, malic acid, magnesium stearate, apple flavourant, colourant. Contains NO Aspartame or Saccharin. Contains NO Sugar.	SAMESTELLING Elke tablet bevat Biotin..... 0.05 mg Foliensuur.....0.1 mg Vitamiën A (Retinyl palmitaat).....1666 iu Vitamiën B1 (Tiamien HCl)..... 0.7 mg Vitamiën B2 (Riboflavin) 0.8 mg Vitamiën B3 (Nikotienamied) 9 mg Vitamiën B5 (Pantoteensuur)..... 3 mg Vitamiën B6 (Piridoksien HCl)..... 1 mg Vitamiën B12 (Sianokobalamien).... 0.5 µg Vitamiën C (Askorbiensuur).....30 mg Vitamiën D3 (Cholekalsiferol).....100 iu Sink (as sink glukonaat)..... 3 mg Xylitol..... 300 mg Sorbitol..... 220 mg Isomalt..... 165 mg Sukralose (versoeter)..... 1.5 mg Onaktiewe bestanddele: sitroensuur, appelsuur, magnesium stearate, geurmiddel, kleurstof. Bevat GEEN Aspartaam of Sakkarien. Bevat GEEN Suiker.
CATEGORY Health Supplement, D34.12 Multiple substance formulation.	KATEGORIE Gesondheidsaanvulling, D34.12 Meervoudige bestanddeel formulering.
PHARMACOLOGICAL ACTION Vitamin supplement.	FARMAKOLOGIESE WERKING Vitamiene aanvulling.
INDICATIONS MAXIVIT CHEWIES is used as a health supplement to promote health and general well-being, especially in children.	INDIKASIES MAXIVIT CHEWIES word gebruik as 'n gesondheids aanvuller om gesondheid en algemene welstand te verbeter, veral in kinders.
CONTRAINDICATIONS MAXIVIT CHEWIES tablets are contraindicated in: Patients with known hypersensitivity to any of the ingredients.	KONTRA-INDIKASIES MAXIVIT CHEWIES is teenaangedui indien: Jy hipersensitief is vir enige van die bestanddele.
WARNINGS AND SPECIAL PRECAUTIONS Consult a doctor before taking this product if you are on any other Vitamin A medication. Consult a doctor if you are on anticoagulants. Effects on ability to drive vehicles and use machinery: None known.	WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS As jy op enige ander vitamien A medikasie is, raadpleeg jou dokter voordat jy hierdie produk gebruik. Raadpleeg jou dokter as jy op anti-stolmiddels is. Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Onbekend.
INTERACTIONS Vitamin A may interfere with warfarin, reducing the anticoagulant effect.	INTERAKSIES Vitamiën A kan met Warfarin inmeng en die antistollingswerking beïnvloed en verminder.
PREGNANCY AND LACTATION Speak to your doctor if you are pregnant or breastfeeding or plan to become pregnant soon. Taking too much vitamin A can be harmful to the baby. Safety and/or efficacy has not been established.	SWANGERSKAP EN LAKTASIE Raadpleeg jou dokter as jy swanger is of borsvoed, of as jy beplan om binnekort swanger te raak. Te veel Vitamiën A kan skadelik vir die baba wees. Veiligheid en/of doeltreffendheid is nie vasgestel nie.
DOSAGE AND DIRECTIONS FOR USE Children aged 2-8 years: 1 Chewie daily Children aged 9 years and older: 1-2 Chewies each day Adults: 2 Chewies daily.	DOSIS EN GEBRUIKSAANWYSINGS Kinders ouderdom 2-8 jaar: 1 Chewie daaglik Kinders ouderdom 9 jaar en ouer : 1 - 2 Chewies daaglik Volwassenes : 2 Chewies daaglik.
SIDE EFFECTS Not known. Should your general health worsen while taking this medicine, please consult your doctor or pharmacist for professional advice.	NEWE-EFFEKTE Onbekend. Indien u algehele gesondheid versleg terwyl u hierdie aanvulling gebruik, raadpleeg u dokter of apteker vir professionele advies.
KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT Treatment should be symptomatic and supportive.	BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VIR DIE BEHANDELING DAARVAN Behandeling is simptome en ondersteunend.
IDENTIFICATION: Round, green chew tablets with a sour-apple flavour.	IDENTIFIKASIE: Ronde, groen koubare tablet met 'n suur-appel geur.
PRESENTATION MAXIVIT CHEWIES are available in packs of 30 tablets.	AANBIEDING MAXIVIT CHEWIES is beskikbaar in houers met 30 tablette.
STORAGE INSTRUCTIONS Store below 25 °C. Keep in a cool, dry place. Protect from direct sunlight. Keep in original packaging until required for use. Do not use after the expiry date printed on the bottle. KEEP OUT OF REACH OF CHILDREN.	BERGINGSINSTRUKSIES Bêre benede 25 °C. Hou in 'n koel, droë plek. Beskerm teen direkte sonlig. Hou in oorspronklike verpakking tot gebruik. Moet nie na die vervaldatum op die bottel gebruik nie. HOU BUIE BEREIK VAN KINDERS.
REGISTRATION NUMBER Will be allocated by Council upon registration.	REGISTRASIENOMMER Sal toegeken word deur die Raad na afloop van registrasie.
NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION Keynote Health (Pty) Ltd Unit 2 Penny Lane Park 64 Ebonyfield Ave Springfield Park 4091	NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT Keynote Health (Pty) Ltd Unit 2 Penny Lane Park 64 Ebonyfield Ave Springfield Park 4091
DATE OF PUBLICATION OF THE PACKAGE INSERT May 2024	DATUM VAN PUBLIKASIE VAN DIE VOUBILJET Mei 2024
This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.	Hierdie ongeregisteerde medisyne was nie geëvalueer deur die SAHPRA vir kwaliteit, veiligheid of gebruik intensies.

PATIENT INFORMATION LEAFLET MAXIVIT CHEWIES	PASIËNTINLIGTINGSBLAADJIE MAXIVIT CHEWIES
SCHEDULING STATUS SO	SKEDULERINGSTATUS SO
PROPRIETARY NAME AND DOSAGE FORM MAXIVIT CHEWIES (chew-tablets)	HANDELSNAAM EN DOSEERVORM MAXIVIT CHEWIES (koubare-tablette)
Read all of this leaflet carefully because it contains important information for you. MAXIVIT CHEWIES is available without a doctor's prescription. Nevertheless you still need to use MAXIVIT CHEWIES carefully to get the best results from it. • Keep this leaflet. You may need to read it again. • Do not share MAXIVIT CHEWIES with any other person. • Ask your pharmacist if you need more information or advice. • You must see a doctor if your symptoms worsen or do not improve.	Lees die hele voubiljet noukeurig deur, want dit bevat belangrike inligting vir jou. MAXIVIT CHEWIES is beskikbaar sonder 'n dokter se voorskryf. Nogtans moet jy die gebruiksaanwysings vir MAXIVIT CHEWIES noukeurig volg om die beste resultate te verkry. • Hou hierdie voubiljet. Jy mag dit dalk weer moet lees. • Moet nie MAXIVIT CHEWIES met enige ander persoon deel nie. • Vra jou apteker indien jy meer inligting of advies nodig het. • Raadpleeg jou dokter as jou simptome vererger of nie verbeter nie.
WHAT MAXIVIT CHEWIES CONTAINS Each tablet contains the following active ingredients: Biotin..... 0.05 mg Folic Acid0.1 mg Vitamin A (Retinyl palmitate) ...1666 iu Vitamin B1 (Thiamine HCl)..... 0.7 mg Vitamin B2 (Riboflavin) 0.8 mg Vitamin B3 (Nicotinamide)9 mg Vitamin B5 (Pantothenic acid).....3 mg Vitamin B6 (Pyridoxine HCl).....1mg Vitamin B12 (Cyanocobalamin)....0.5µg Vitamin C (Ascorbic acid).....30 mg Vitamin D3 (Cholecalciferol) 100 iu Zinc (as zinc gluconate)..... 3 mg Xylitol.....300 mg Sorbitol..... 220 mg Isomalt..... 165 mg Sucralose (sweetener).....1.5 mg Other ingredients: citric acid, malic acid, magnesium stearate,apple flavourant, colourant. Contains NO Aspartame or Saccharin. Contains NO Sugar.	WAT MAXIVIT CHEWIES BEVAT Elke tablet bevat die volgende aktiewe bestanddele: Biotin..... 0.05 mg Foliensuur..... 0.1mg Vitamiene A (Retiniel palmitaat)..... 1666 ie Vitamiene B1 (Tiamien HCl)..... 0.7 mg Vitamiene B2 (Riboflaviene) 0.8 mg Vitamiene B3 (Nikotienamied) 9 mg Vitamiene B5 (Pantoteensuur)..... 3mg Vitamiene B6 (Piridoksien HCl)1mg Vitamiene B12 (Sianokobalamien).... 0.5µg Vitamiene C (Askorbiensuur).....30 mg Vitamiene D3 (Cholekalsiferol)100ie Sink (as sink glukonaat)..... 3 mg Xylitol.....300 mg Sorbitol..... 220 mg Isomalt..... 165 mg Sukralose (versoeter).....1.5 mg Onaktiewe bestanddele: sitroensuur, appelsuur, magnesium stearate, geurmiddel, kleurstof. Bevat GEEN Aspartaam of Sakkarien. Bevat GEEN Suiker.
WHAT MAXIVIT CHEWIES IS USED FOR Maintaining a healthy body and promoting general well-being, especially in children.	WAARVOOR MAXIVIT CHEWIES GEBRUIK WORD MAXIVIT CHEWIES kan help in die handhawing van 'n gesonde liggaam en met die verbetering van algehele welstand, veral in kinders.
BEFORE YOU TAKE MAXIVIT CHEWIES: Do not take MAXIVIT CHEWIES • If you are hypersensitive (allergic) to any of the ingredients. Tell your doctor if you are not sure about any of the above. Take special care with MAXIVIT CHEWIES Consult a doctor before taking this product if you are on any other Vitamin A medication. Taking MAXIVIT CHEWIES with food and drink: MAXIVIT CHEWIES should be taken after meals, once daily. Pregnancy and lactation If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine. Effects on ability to drive vehicles and use machinery: None known. Important information about some of the ingredients in MAXIVIT CHEWIES Taking other medicines with MAXIVIT CHEWIES: Always tell your healthcare professional if you are taking any other medicine. (This includes complementary or traditional medicines.) Tell your doctor if you are taking any anticoagulants such as warfarin.	VOORDAAT JY MAXIVIT CHEWIES NEEM: Moet nie MAXIVIT CHEWIES gebruik • Indien jy hipersensitief (allergies) is vir enige van die bestanddele. Raadpleeg jou dokter indien jy nie seker is oor enige van die bogenoemde nie. Neem spesiale voorsorg met MAXIVIT CHEWIES Raadpleeg jou dokter voordat jy hierdie produk gebruik as jy op enige ander vitamien A medikasie is. Die neem van MAXIVIT CHEWIES met kos en drank: MAXIVIT CHEWIES moet na etes geneem word, eenmaal per dag. Swangerskap en laktasie As jy swanger is of jou baba borsvoed, raadpleeg jou dokter, apteker of ander professionele gesondheidsorgwerker vir advies voordat jy hierdie medisyne neem. Effek op die vermoë om motor te bestuur en masjinerie te gebruik: Geen bekend. Belangrike inligting oor die bestanddele in MAXIVIT CHEWIES Gebruik van ander medisyne saam met MAXIVIT CHEWIES: Vertel jou gesondheidsorg professionele as jy enige ander medisyne gebruik. (Insluitend aanvullende of tradisionele medisyne.) Sorg dat jou dokter weet indien jy enige ander antistolmiddels soos Warfarin neem.
HOW TO TAKE MAXIVIT CHEWIES Do not share medicines with any other person. Always take MAXIVIT CHEWIES exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure. The usual dosage is: Children aged 2-8 years: 1 Chewie daily Children aged 9 years and older: 1-2 Chewies daily Adults: 2 chewies daily Do not take more than the recommended dose. If you take more MAXIVIT CHEWIES than you should: In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre. If you forget to take/missed a dose of MAXIVIT CHEWIES Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses. Effects when treatment with MAXIVIT CHEWIES is stopped If taking the dose as indicated, there should be no adverse effects when stopping use of this medication.	HOE OM MAXIVIT CHEWIES TE NEEM Moet nie jou medisyne met enige ander mense deel nie. Neem MAXIVIT CHEWIES altyd presies soos aangedui of soos deur jou dokter voorgeskryf. Raadpleeg jou dokter of apteker indien jy onseker is. Die normale dosis is: Kinders ouderdom 2-8jaar: 1 Chewie daaglik Kinders ouderdom 9 jaar en ouer: 1-2 Chewies daaglik Volwassenes: 2 Chewies daaglik Moet nie die vasgestelde dosis oorskry nie. As jy meer MAXIVIT CHEWIES neem as wat jy behoort te neem In die geval van oordosering, raadpleeg jou dokter of apteker. Indien hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum. As jy vergeet/nagelaat het om 'n dosis van MAXIVIT CHEWIES te neem Neem die oorgeslaande dosis sodra jy onthou daarvan. Moet nie 'n dubbele dosis neem om op te maak vir individuele dosisse wat jy oorgeslaan het nie. Uitwerking na behandeling met MAXIVIT CHEWIES gestaak is. Indien die dosis soos aangedui geneem word, sal daar geen nuwe-effekte wees wanneer die gebruik van MAXIVIT CHEWIES gestaak word nie.
POSSIBLE SIDE EFFECTS Not known. Should your general health worsen while taking this medicine, please consult your doctor or pharmacist for professional advice. If any of the following happens, stop taking MAXIVIT CHEWIES and tell your doctor immediately or go to the casualty department at your nearest hospital, • Spontaneous bleeding. • Diarrhoea, nausea, vomiting, lack of muscle tone, and weakness. • Increase in blood glucose levels in diabetic patients. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.	MOONTLIKE NUWE-EFFEKTE Onbekend. Indien jou algehele gesondheid versleg terwyl jy hierdie aanvulling gebruik, raadpleeg jou dokter of apteker vir professionele advies. Indien enige van die volgende gebeur, staak gebruik van MAXIVIT CHEWIES en raadpleeg jou dokter onmiddellik, of gaan na die ongevalle-afdeling van jou naaste hospitaal, • Spontane bloeding. • Diarree, naarheid, braking, 'n gebrek aan spiertonus, en swakheid. • 'n Toename in bloedglukosevlakke in diabetiese pasiënte. As jy enige nuwe-effekte ondervind wat nie in hierdie pamflet genoem word nie, laat asseblief jou dokter of apteker weet.
STORING AND DISPOSING OF MAXIVIT CHEWIES Store at or below 25 °C. Protect from direct sunlight. Keep in a cool, dry place. Store in original packaging until required for use. Do not store in a bathroom. Do not use after the expiry date stated on the label/carton/bottle. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewage systems (e.g. toilets). KEEP ALL MEDICINES OUT OF THE REACH OF CHILDREN.	HOE OM MAXIVIT CHEWIES TE STOOR EN DAARVAN ONTSLAE TE RAAK Bere benede 25 °C. Bewaar teen direkte sonlig. Bewaar in die oorspronklike verpakking tot voor gebruik. Hou in 'n koel, droë plek. Moet nie in 'n badkamer stoor nie. Moet nie na die vervaldatum op die biljet/karton/bottel gebruik nie. Neem alle ongebruikte medisyne terug na jou apteker. Moet nie ongebruikte medisyne in dreine of rioolstelsels (bv.toilette) weggooi nie. HOU ALLE MEDISYNE BUITE BEREIK VAN KINDERS.
PRESENTATION OF MAXIVIT CHEWIES MAXIVIT CHEWIES is available in containers with 30 tablets.	AANBIEDING VAN MAXIVIT CHEWIES MAXIVIT CHEWIES is beskikbaar in houers met 30 tablette.
IDENTIFICATION OF MAXIVIT CHEWIES Round, green chew tablets with a sour-apple flavour.	IDENTIFIKASIE VAN MAXIVIT CHEWIES Ronde groen koubare tablet met 'n suur-appel geur.
REGISTRATION NUMBER Will be allocated by Council upon registration.	REGISTRASIENOMMER Sal toegeken word deur die Raad na afluop van registrasie.
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